

# Catholic Parishes of Aberystwyth and Lampeter

## Plwyfi Catholig Aberystwyth a Llanbedr Pont Steffan

**Welsh Martyrs Church**

**Holy Cross Church**

**Our Lady of Mount Carmel**

Piercefield Lane, Aberystwyth, SY23 1RX    Victoria Street, Aberaeron, SA46 0DA    Pontfaen Road, Lampeter, SA48 7BS

**Parish Priest | Offeiriad Plwyf** Fr Matthew Roche-Saunders ([matthew.roche-saunders@menevia.org](mailto:matthew.roche-saunders@menevia.org))

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**Online | Ar-lein** [www.parishofaberystwyth.org.uk](http://www.parishofaberystwyth.org.uk) | [www.catholicchurchlampeter.org](http://www.catholicchurchlampeter.org)

Facebook: **Ceredigion Catholics**

<b>29<sup>th</sup> December 2024   Christmas Octave   Year C   Weekday Year I   Psalter Week 1</b>			
<b>Date   Dyddiad</b>	<b>Aberystwyth</b> Welsh Martyrs Merthyrion Cymru	<b>Aberaeron</b> Holy Cross Groes Sanctaidd	<b>Lampeter   Llambod</b> Our Lady of Mount Carmel Ein Harglwyddes o Fynydd Carmel
<b>Sun 29<sup>th</sup> December</b> Feast of the Holy Family Gŵyl y Teulu Sanctaidd	5.15pm Confessions <b>Saturday 6pm Vigil Mass</b> <i>Those who've died in 2024</i> <b>8.30am Offeren yn Gymraeg (Mass in Welsh)</b> <i>People of the Parish</i> 10am Confessions <b>10.30am Holy Mass</b> <i>Ernesto &amp; Giovanna Orsi RIP</i> <b>12-2pm Young Adults Brunch</b>	<b>9am Holy Mass</b> <i>Ruth and Joe Jamieson</i>	<b>11am Holy Mass</b> <i>Those who've died in 2024</i> <b>4pm Polish Mass</b> <i>Priest's intention</i>
<b>Mon 30<sup>th</sup> December</b>	<b>6pm Holy Mass</b> <i>Jack O'Doherty RIP</i>		
<b>Tue 31<sup>st</sup> December</b>	<b>11.15pm Holy Mass</b> <i>David Greaney</i>		6pm Adoration/Confessions <b>7pm Holy Mass &amp; Te Deum</b> <i>People of the Parish</i>
<b>Wed 1<sup>st</sup> January</b> Mary, Mother of God		<b>10am Holy Mass</b> <i>Bertie Lloyd Henton RIP</i>	
<b>Thu 2<sup>nd</sup> January</b> Sts Basil and Gregory			
<b>Fri 3<sup>rd</sup> January</b> Most Holy Name of Jesus (First Friday)	5pm Adoration/Confessions <b>6pm Holy Mass</b> <i>Sophie Sayles</i>		
<b>Sat 4<sup>th</sup> January</b> (First Saturday)	9.30am Adoration/Confessions <b>10.30am Holy Mass</b> <i>Private intention (LC)</i>		
<b>Sun 5<sup>th</sup> January</b> Epiphany Yr Ystwyll	5.15pm Confessions <b>Saturday 6pm Vigil Mass</b> <i>People of the Parish</i> <b>8.30am Holy Mass</b> <i>Holy souls</i> 10am Confessions <b>10.30am Holy Mass</b> <i>Priest's intention</i>	<b>9am Holy Mass</b> <i>Mitzi Horwood</i>	<b>11am Holy Mass</b> <i>Dave Padfield</i>
<b>Sunday Plate Collection   Casgliad y Sul</b> <i>Thank you for your generosity – diolch am eich haelioni.</i> 22.12.24 <b>£388.70</b> (Aberystwyth/Aberaeron) <b>£166.70</b> (Lampeter   Llambod)			

**Jubilee Year: Pilgrims of Hope** This began with the opening of the Holy Door at St Peter's Basilica on Christmas Eve. How could we live this Jubilee locally? What initiatives do you feel called to get involved in, or ways of praying that might be an opportunity to trust more deeply in the promises of God? What could we begin in our parishes? Pray with these questions, and please share your reflections. Pope Francis said these words as he opened the Holy Door: "Christian hope is not a 'cinematic happy ending' which we passively await, but rather, a promise, the Lord's promise, to be welcomed here and now in our world of suffering and sighs... Hope calls us... to be upset with things that are wrong and to find the courage to change them." May this year be a blessing for us!

**Icon of Padarn Sant** Archbishop Mark has named Welsh Martyrs Church as one of the diocese's Jubilee Pilgrimage Centres, due to our local connections with St Padarn. We commissioned an icon of St Padarn to be written, which was anointed with Sacred Chrism after Saturday morning Mass. This will be hung in the new Lady Chapel.

**Pastoral Letter** This Sunday we'll hear from Archbishop Mark to mark the beginning of the Jubilee Year of Hope. If you'd like a copy of his letter for yourself, please email the parish (or you can find it on the diocesan website).

**Nadolig Llawn** A happy and holy Christmas to you and your families. We mark the season of Christmas until the Feast of the Baptism of the Lord, on January 12<sup>th</sup>, so enjoy your trees and decorations until then! Many thanks to all those who made the celebration of Christmas so joyful in our three churches, in seen and unseen ways. Many thanks also for your kindness to me, both at Christmas and throughout the year. It's so much appreciated. *Fr Matt*

**Supply** Many thanks to Canon Michael Smith who will celebrate Mass in Aberaeron and Lampeter this Sunday.

**Offeren Gymraeg** Ymddiheuriadau, ni chafodd yr Offeren Gymraeg ei hysbysebu yn y cylchlythyr ddydd Sul diwethaf. Cynhelir yr Offeren ddydd Sul yma am 8.30yb. Bydd yr Offeren nesaf ar ôl y penwythnos hwn ar ddydd Sul Ionawr 26ain, am 8.30yb.

**Mass in Welsh** Apologies, the Welsh Mass wasn't advertised in last Sunday's newsletter. The Mass will take place this Sunday 29<sup>th</sup> at 8.30am. The next Mass after that will be Sunday 26<sup>th</sup> January at 8.30am.

**Young Adults Brunch** This monthly group for 18-35s meets after the 10.30am Mass in Aberystwyth this Sunday 29<sup>th</sup>. We might be small in number this time with so many students away, but it will still go ahead if anyone comes!

**New Year's Mass** The close of one year and the beginning of a new one is a moment to give thanks to God and to entrust into his loving hands whatever lies ahead. The Mass in Lampeter will end with the 'Te Deum', an ancient Latin chant of giving thanks to God. The Mass in Aberystwyth begins at 11.15pm but will likely finish after the beginning of the New Year, and so that Mass, and the Mass in Aberaeron, will finish with the chanting of the 'Veni Creator Spiritus', a prayer invoking the Holy Spirit to guide us in the year ahead. There will also be 12.30pm Mass in Cardigan on Wednesday as we cover Canon Pius's annual leave.

**Epiphany Party** We'll celebrate the Feast of the Epiphany in Lampeter by having a celebration after the 11am Mass next Sunday 5<sup>th</sup> January. If you're able to bring some food or drink to the party, please do so!

**Teenagers' Pilgrimage to Rome** The Cardiff-Menevia Youth Council has launched an exciting opportunity to bring a small number of teenagers aged 12-17 to Rome this April, to experience the Canonisation of Blessed Carlo Acutis, the first millennial saint. The dates are April 24<sup>th</sup>-27<sup>th</sup> 2025, with a day in Assisi and a day in Rome, and the cost is £949pp. There is space for two teenagers from each deanery, so if you would like your name to be considered, please contact Fr Matt ASAP! (If you have funds that you would like to use to support a young person going to Rome on this trip, please also contact the parish).

**First Holy Communion 2025** If you would like your child to receive first holy Communion in summer 2025, please register your interest by emailing either [aberystwyth@menevia.org](mailto:aberystwyth@menevia.org) or [lampeter@menevia.org](mailto:lampeter@menevia.org) (depending on your parish), with your child's name and age. More details will be given in due course once we have a sense of numbers.

**Safeguarding** It's a shared responsibility on the part of everyone attending our churches, that our spaces be ones that are safe in all senses of the word, and especially for children and vulnerable adults. As such, in the same way that we identify and avoid possible physical hazards, so it's also important to identify and avoid situations which could leave children and vulnerable adults at risk. Please adhere to the following norms in Welsh Martyrs Church:

- **Adults involved in setting up for Mass, tea and coffee, and Children's Liturgy, need to have sufficient time to do their work:** therefore, there must be no under-18s in the kitchen/sacristy area before 5.50pm on a Saturday, 8.20am at the first Sunday Mass, and 10.20am at the later Mass. This is a good opportunity to teach your child how to pray a little bit in silence before Mass, before they get ready for serving.
- **Altar servers must then have the kitchen/sacristy space to themselves in order to get changed before Mass:** therefore, no adults should be in the kitchen/sacristy after 5.50pm on a Saturday, 8.20am at the first Sunday Mass, and 10.20am at the second Mass. The exceptions are those adults taking on the role of safeguarding at that particular Mass, who are always adults with a diocesan DBS check.

**SoundCloud** Some of Fr Matt's Sunday homilies are now available if you'd like to listen again or share. Go to <https://on.soundcloud.com/Tz4Ap>, where they will be uploaded as and when recorded.

**Donations** If you'd like to donate to the mission of Aberystwyth parish, you can use this QR code. Many thanks for your generosity.



**Food Bank** Collection points are in each church porch. Recent needs include:

**Aberystwyth:** tinned ravioli, tinned meatballs, hot dogs, baked beans/sausages, tinned potatoes, small packets of biscuits.

**Aberaeron:** no collections until the New Year.

**Lampeter:** strong 'Bags for Life', pasta, sugar, tea, small jars of coffee.